



# EOS-ESCEO-IOF

OSTEOPOROSIS and OSTEOARTHRITIS

S U M M I T

AND THE 5<sup>TH</sup> ANNUAL EOS CONFERENCE

Dubai 11 - 12  
OCTOBER 2024



Sofitel Dubai  
The Obelisk



# Summit Board



## Dr. AbdulRahim Suhaili

- **President of EOS**
- **Chairman of the Conference**
- Director & Consultant, Nuclear Medicine, Burjeel Medical City, MBZ City, Abu-Dhabi.



## Dr. Mustafa Al-Izzi

- **Vice President of EOS**
- Professor & Consultant Rheumatologist, Mediclinic Welcare Hospital, Dubai.



## Dr. Ahmed El Serafi

- **Secretary General of EOS**
- **Organizing Committee Chairman**
- Consultant Radiologist
- Professor of Radiology, international Radiology Centre, Sharjah.



## Dr. Luay Tapponi

- **EOS Cultural Committee Chairperson**
- Professor & Consultant Orthopaedic Surgeon, Specialized Medical Center, Sharjah.



## Dr. Ahmed Zayat

- **Head of EOS Scientific Committee**
- Senior Consultant Rheumatologist, University Hospital Sharjah, United Arab Emirates.

# International Speakers *alphabetically*



## Prof. Bess Dawson-Hughes

- Director, Bone Metabolism Laboratory at the Jean Mayer USDA Human Nutrition Research Centre on Aging at Tufts University. USA
- Professor of Medicine at Tufts University School of Medicine Endocrine Division at Tufts Medical Centre.



## Prof. Jean-Yves Reginster

- Emeritus Professor of Public Health, Epidemiology and Health Economics at the University of Liège, Belgium.
- Professor, Protein Research Chair, Biochemistry Dept, College of Science, King Saud University, Riyadh, Kingdom of Saudi Arabia.
- Director of the WHO Collaborating Centre for Epidemiology of Musculoskeletal Health and Aging.
- ESCEO President.
- IOF co-founder.
- IOF Executive Committee member.
- Deputy Editor Aging Clinical and Experimental Research.



## Prof. John Kanis

- Emeritus Professor in Human Metabolism, and Director of the Centre for Metabolic Bone Diseases (Formerly WHO Collaborating Centre),
- University of Sheffield, UK and Professorial Fellow at the Australian Catholic University (Melbourne)
- Honorary President of the International Osteoporosis Foundation
- Chairman of the IOF Working Group on Epidemiology and Quality of Life.
- Honorary President of the European Society for Clinical and Economic Aspects of Osteoporosis and Osteoarthritis
- Editor in Chief of Osteoporosis International
- Editor in Chief of Archives of Osteoporosis



## Prof. Nicholas C W Harvey

- Director; Professor of Rheumatology and Clinical Epidemiology; MRC Investigator.
- Honorary Consultant Rheumatologist
- Chair, International Osteoporosis Foundation Committee of Scientific Advisors
- MRC Lifecourse Epidemiology Centre, University of Southampton, Southampton General Hospital, Southampton, SO16 6YD



# International Speakers *alphabetically*



## Prof. Olivier Bruyere

- CEO of ESCEO
- Scientific Director of the WHO Collaborating Centre for Epidemiology of Musculoskeletal Health and Aging, Liège, Belgium
- Head of the Research Unit in Public Health, Epidemiology and Health Economics, University of Liège, Belgium



## Dr. Philippe Halbout

- CEO of the International Osteoporosis Foundation (IOF), Switzerland



## Prof. Rene Rizzoli

- Internist and endocrinologist, with a subspecialty focus on metabolic bone diseases, osteoporosis and disorders of mineral metabolism.
- Presently emeritus professor of medicine at the Geneva University Hospitals and Faculty of Medicine, Geneva, Switzerland.
- Treasurer and Executive Committee member of the International Osteoporosis Foundation.
- Chairman of the Scientific Advisory Board of the European Society for Clinical and Economic Aspects of Osteoporosis, Osteoarthritis and Musculoskeletal Diseases, and co-chair of the scientific program committee of the annual IOF-ESCEO World Congress on Osteoporosis.
- Editor-in-chief of Calcified Tissue International and Musculoskeletal Research, and associate editor of Osteoporosis International and of Aging Clinical and Experimental Research.



## Dr. Tommaso Bonanzinga

- Assistant Professor, Researcher and Adjunct Professor in Orthopedics and Traumatology at Humanitas University, Milan, Italy
- Fellowship in Sports Medicine and Arthroscopic Surgery, Beijing Jishuitan Hospital, China
- Fellowship in Orthopedic Surgery, Elios Endo-Klinik, Hamburg, Germany
- Active member of S.I.O.T., S.I.G.A.S.C.O.T., AISOT, and FORTE.
- Member of the editorial board of the international EFFORT open reviews.
- Reviewer for international journals including KSSTA, BMC Musculoskeletal Disorders.

DAY ONE FRIDAY 11<sup>TH</sup> OCTOBER

## REGISTRATION

08.00 - 09.00 AM

|         |  |
|---------|--|
| Time    | 09.00 - 09.10 AM                                 |
| Topic   | <b>Welcome &amp; Introduction.</b>               |
| Speaker | Prof. <b>AbdulRahim Suhaili</b> , EOS president. |

## PRELIMINARY LECTURE

|         |  |
|---------|--|
| Time    | 09.10 - 09.40 AM   |
| Topic   | <b>Artificial intelligence in musculoskeletal imaging.</b> |
| Speaker | Prof. <b>Ahmed Elserafi</b> , Secretary General EOS.       |

## SESSION ONE

## Guidelines Session

09.40 - 11.10 AM

## CHAIRMEN

**AbdulRahim Suhaili / Bess Dawson-Hughes.**

|          |  |
|----------|--|
| Time     | 09.40 - 10.00 AM   |
| Topic    | <b>Identification of patients to be treated in osteoporosis:<br/>The European viewpoint</b>    |
| Speaker  | <b>Nicholas Harvey</b>   |
| Time     | 10.00 – 10.20 AM   |
| Topic    | <b>Recommendations for the management of osteoporosis:<br/>The ESCEO/IOF guidelines</b>        |
| Speaker  | <b>John Kanis</b>  |
| Time     | 10.20 – 10.40 AM   |
| Topic    | <b>Sequencing of osteoporosis therapies from the guideline's<br/>perspective.</b>              |
| Speaker  | <b>Mustafa Al-Izzi</b>   |
| Time     | 10.40 – 11.00 AM   |
| Topic    | <b>Thematic Roundtable: Applicability of Osteoporosis Guidelines in<br/>clinical practice.</b> |
| Speakers | <b>Nicholas Harvey / John Kanis / Mustafa Al-Izzi.</b>   |

## DISCUSSION Q&amp;A

11.00 - 11.10 AM

## SESSION TWO

## Males Osteoporosis Session

11.10 AM - 12.40 PM

### CHAIRMEN

**Ahmed Zayat / John Kanis.**

|          |   |
|----------|---|
| Time     | 11.10 - 11.30 AM  |
| Topic    | <b>Which men should be treated for osteoporosis: The European viewpoint.</b>                                  |
| Speaker  | <b>René Rizzoli</b>   |
| Time     | 11.30 – 11.50 AM  |
| Topic    | <b>Recommendations for the management of osteoporosis in men with osteoporosis: The ESCEO/IOF guidelines.</b> |
| Speaker  | <b>Nicholas Harvey</b>  |
| Time     | 11.50 AM – 12.10 PM   |
| Topic    | <b>Approach to osteoporosis in men. EOS / regional viewpoint</b>  |
| Speaker  | <b>Maisam Musgrave</b>  |
| Time     | 12.10 – 12.30 PM  |
| Topic    | <b>Thematic Roundtable: Males osteoporosis in clinical practice.</b>  |
| Speakers | <b>René Rizzoli / Nicholas Harvey / Maisam Musgrave.</b>  |

### DISCUSSION Q&A

12.30 - 12.40 PM

### LUNCH & PRAYER TIME

12.40 - 02.00 PM



## SESSION

### Osteoporosis Amgen Symposium

02.00 - 02.40 PM

## SESSION THREE

### Epidemiology & FLS Session

02.40 - 04.10 PM

## CHAIRMEN

Luay Tapponi / Nicholas Harvey.

|          |  |
|----------|--|
| Time     | 02.40 - 03.00 PM   |
| Topic    | <b>Epidemiology and burden of osteoporosis in Europe.</b>  |
| Speaker  | <b>John Kanis</b>  |
| Time     | 03.00 - 03.20 PM   |
| Topic    | <b>Epidemiology and burden of osteoporosis in the GCC.</b>   |
| Speaker  | <b>Riyad Sulimani</b>  |
| Time     | 03.20 - 03.40 PM   |
| Topic    | <b>Fracture liaison service, Régional Expérience.</b>  |
| Speaker  | <b>Yasser El Miedany</b>   |
| Time     | 03.40 - 04.00 PM   |
| Topic    | <b>Thematic Roundtable: "Fracture Liaison Services: How does it work, how can we implement, how can we optimize, how can it help to better treat osteoporotic patients?"</b> |
| Speakers | <b>Philippe Halbout / Bess Dawson-Hughes / Riyad Sulimani.</b>   |

## DISCUSSION Q&A

04.00 - 04.10 PM

## BREAK

04.10 - 04.20 PM

## SESSION

### Evening Pharma Symposium

04.20 - 05.00 PM

## DAY TWO SATURDAY 12<sup>TH</sup> OCTOBER

### SESSION

**Morning Pharma Symposium**

**08.20 AM - 09.00 AM**

### SESSION FOUR

**Osteoarthritis Session**

**09.00 - 10.30 AM**

### CHAIRMEN

**Ahmed Zayat / Jean-Yves Reginster.**

|         |   |
|---------|---|
| Time    | 09.00 - 09.30 AM  |
| Topic   | <b>Treatment of osteoarthritis: How and how long?<br/>The European viewpoint.</b> |
| Speaker | <b>Olivier Bruyère</b>  |
| Time    | 09.30 - 10.00 AM  |
| Topic   | <b>Treatment of osteoarthritis: Who and when?<br/>The EOS / GCC viewpoint.</b>    |
| Speaker | <b>Ali Al Belooshi</b>  |
| Time    | 10.00 - 10.20 AM  |
| Topic   | <b>Thematic Roundtable on Osteoarthritis.</b>                                     |
| Speaker | <b>Jean-Yves Reginster / Olivier Bruyère / Ali Al Belooshi.</b>                   |

### DISCUSSION Q&A

**10.20 - 10.30 AM**

### COFFEE BREAK

**10.30 - 10.50 AM**



## SESSION FIVE

## Vitamin D & Sarcopenia Session

10.50 AM - 12.00 PM

### CHAIRMEN

Ahmed Elserafi / Philippe Halbout.

|          |  |
|----------|--|
| Time     | 10.50 - 11.10 AM   |
| Topic    | <b>Role of Vitamin D in the prevention and management of osteoporosis and sarcopenia: The ESCEO/IOF viewpoint.</b> |
| Speaker  | <b>René Rizzoli</b>  |
| Time     | 11.10 - 11.30 AM   |
| Topic    | <b>How can we define and treat sarcopenia: The European viewpoint.</b>   |
| Speaker  | <b>Jean-Yves Reginster – Majed Alokail</b>   |
| Time     | 11.30 - 11.50 AM   |
| Topic    | <b>Controversies on Vitamin D therapies.</b>   |
| Speaker  | <b>Atheer Alansari</b>   |
| Time     | 11.50 AM - 12.10 PM  |
| Topic    | <b>Thematic Roundtable: Nutritional aspects of the management of osteoporosis, osteoarthritis and sarcopenia.</b>  |
| Speakers | <b>Bess Dawson-Hugues / René Rizzoli / AbdulRahim Suhaili / Atheer Alansari.</b>                                   |

## DISCUSSION Q&A

12.10 - 12.20 PM

### TRIANGLE SYMPOSIUM

|         |  |
|---------|--|
| Time    | 12.20 - 12.50 PM   |
| Topic   | <b>Optimizing Knee Function: The Innovative Role of Hyaluronic Acid and Polypeptides in a Topical Treatment.</b> |
| Speaker | <b>Tommaso Bonanzinga</b>  |

## LUNCH

01.00 - 02.00 PM

## SESSION SIX

## Rheumatology Session

02.00 - 03.40 PM

### CHAIRMEN

**Mustafa Al-Izzi / Olivier Bruyere.**

|          |   |
|----------|---|
| Time     | 02.00 - 02.20 PM  |
| Topic    | <b>Osteoporosis and RA, pathogenesis, and effect of advanced medications.</b>             |
| Speaker  | <b>Ahmed Zayat</b>  |
| Time     | 02.20 - 02.40 PM  |
| Topic    | <b>Osteoporosis in Spondyloarthritis.</b>   |
| Speaker  | <b>Suad Hannawi</b>   |
| Time     | 02.40 - 03.00 PM  |
| Topic    | <b>Lupus, Bone health &amp; Osteoporosis.</b>   |
| Speaker  | <b>Waleed Abdurrab Hafiz</b>  |
| Time     | 03.00 - 03.30 PM  |
| Topic    | <b>Thematic Roundtable: Osteoporosis in chronic rheumatological disorders.</b>            |
| Speakers | <b>Nicholas Harvey / John Kanis / Ahmed Zayat / Suad Hannawi / Waleed Abdurrab Hafiz.</b> |

## DISCUSSION Q&A

03.30 - 03.40 PM



## SESSION SEVEN

## Osteoporotic Fractures Session.

03.40 - 04.50 PM

### CHAIRMEN

Abdul Karim Msaddi / Mohamed Khattab.

|         |  |
|---------|--|
| Time    | 03.40 - 04.00 PM   |
| Topic   | <b>Surgical management of vertebral fractures.</b>                           |
| Speaker | <b>Sameh Abolfotouh</b>  |
| Time    | 04.00 - 04.20 PM   |
| Topic   | <b>Role of Orthopedic Surgeon in prevention of Orthogeriatric Fractures.</b> |
| Speaker | <b>Hayder Al Saadi</b>   |
| Time    | 04.20 - 04.40 PM   |
| Topic   | <b>Surgical management of the limb's osteoporotic fractures.</b>             |
| Speaker | <b>Youssef Falaha</b>  |

### DISCUSSION Q&A

04.40 - 04.50 PM

### BREAK

04.50 - 05.00 PM

### SESSION

### Evening Pharma Symposium

05.00 – 05.40 PM

### CLOSING REMARKS

05.40 PM



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**PROJECT MANAGER**

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